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# Social aspect of forest as described in Sanskrit Kāvya literature

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#### **Abstract:**

This paper outlines about the usefulness of forest in various aspect as depicted in Sanskrit  $K\bar{a}vya$  Literature. The poets of the Sanskrit Kavya Literature depicts in their respective work, forest was played an important role for seems to be a boon for humans since ancient times. The forest have various kind of importance for the development of the people's life. Such as  $-N\bar{v}v\bar{a}sa$ , Vastra, Ornaments, Cosmetics etc. In Sanskrit  $K\bar{a}vyas$  narrated by the poets, there is a mention about the social aspect of forests. Since ancient times, man used to live his life depend directly or indirectly on the forest. Which is the main descriptive theme of this paper.

**Keyword:** Varna Vyavasthā, Āśrama Vyavasthā, education, family life, nīvāsa, vastra, food and drinks, ornaments, cosmetics, forest as shelter provider, forest for austerities etc.

#### Introduction

The Indian social system is well known for its uniqueness and importance in the social system of the world. The Indian social system is made up of elements that encourage the coordinating trend. Indian mystics by their thought and meditation created a system in which society and individuals are equally important. Personality cannot develop without the development of society and the social system cannot be made permanent without proper facilities for the development of personality. In the entire Sanskrit  $K\bar{a}vya$  Literature depiction about forest in huge forms. Forest was played an important role in social life and society.

To achieve both of these objectives, since the Vedic period, Indian mystics have accepted one of the major arrangements to give order to society. One is called  $Varṇa - Vyavasth\bar{a}$  and the other one is  $\bar{A}\acute{s}rama - Vyavasth\bar{a}$ .

## Varņa Vyavasthā

Varna - Vvavasthā is important from the point of view of making social life functionally useful and providing stability to it. Four types of Varna have been mentioned in ancient and medieval texts. The first is Brāhmana, the second is Ksatriya, the third is Vaiśya, and the fourth is Śūdra. In the Rgveda's Purusa Śūkta, a living awakened body of society is imagined as a great man. Brāhmaṇa was born from his mouth, Kṣatriya from the arm, Vaiśya from the thigh, and  $S\bar{u}dra$  from the foot [1]. The Mahābhārata [2] and the  $G\bar{t}t\bar{a}$  [3] also support this view. According to  $\bar{A}c\bar{a}rya$  Manu, a Brahmin has to study, teach, perform  $Yaj\tilde{n}a$ , donate and take the donation [4]. Teaching was the main work for Brāhmaṇa. The Rāmāyaṇa mentions that a large number of students used to live with Vālmīki, Viśvāmitra, Vaśiṣṭha, Bhāradvāja, and with the sages of Dandakārānya (Rām. I. 2. 43) for their study. In ancient times of Dvījavarņa, Kṣatriya is the second Varna who occupied a most important place in the society. The Vālmīki Rāmāyana has mentioned that Kṣatriya consideres it their duty to protect the sages, as Rāma himself considers that he has to protect the sages in Dandaka forest and also said Sita that he can abandon her and Laxmana, but the promise which is specially made to protect Brāhmins, cannot be discarded (Rām. III. 10. 16-19). Vaiśya varņa was in the third place in the then society. They also depend in forest for day-to-day life. In the Smrti texts, the word "Candāla" is also mentioned for the  $\dot{Su}dra$ . Manu has also addressed  $\dot{Su}dra$  with the word "Candāla" [5]. The Sūdra muni Sambūka, who did penance to go to heaven was slaughtered by Rāma with a sword [6].

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## Āśrama Vyavasthā

Aśrama - Vyavasthā is useful for developing and strengthening the personality of a person by determining different duties at different stages of life. In this, the entire life of man is divided into four Aśramas in the order -Brahmacaryāśrama, Grhasthāśrama, Vānaprasthāśrama, Sanyāsāśrama. It is the first among the Āśramas. The ancient Indian  $\bar{A}c\bar{a}ryas$  had arranged this  $\bar{A}srama$  for the sake of learning and power. The first purpose of every student living in the Gurukul is for Vedic studies. In the Śāntiparva of the Mahābhārata, Brahmacharvāśrama has been called "Gurukula". Which was mostly performed in the forests (Mbh. ŚP. 61. 19 - 20). The sages like Agastya, Bharadvāja, Vālmīki, etc. lived in the forest by observing the Brahmacarya and fasting and a lot of students came to their *Āśramas* and lived with the discipleship under their patriarch. The Grhasthāśrama has been very important in Indian society. In Kumāra (6. 11-13), Lord Śankara became a household as well. It is known that even sages used to follow the *Gṛhasthāśrama* while living in the *Āśrama*. After the Grhastha Āśrama, the Vānaprasthāśrama begins. Gautama has used the word "Vaikhānasa" for the Vānaprastha Āśrama (Brahmacārī gṛhastho bhikṣuvaikhānasaḥ- Gau. Dha. – 3/2). According to Acarya Kautilya, the dressing sense of Vānaprathi to be Brahmacāri, to sleep on the ground, to having twisted hair and wear deerskin (mṛgacarma), to perform Agnihotra Yajña daily, to worship the deities and ancestors, and to live by eating the fruits of the forest to sustain.<sup>[7]</sup> The word "Sanyāsa" means to one who has renounced the world. "Mokṣa" is possible only through the Sanyāsāśrama. According to Kautilya, the dharma of a Sanvāsī is one who has subdued his senses to be away from society, to have a voluntary diet, to move from one place to another in the forest, to keep the mind, words, deeds from external and inner purity [8].

## Education

The Aśrama's of Vālmīki, Kaņva, and Sandīpani were located in the forests. Described as the most important of the Vedas, Mahākāvvas and Arthaśāstras, were considered most suitable for studies in lonely forests. That is why the  $\bar{A}$ sramas of sages were situated in the forests. [9] Maharṣi Bhāradvāja's Āśrama was located at the confluence of the Ganges- Yamuna. Hut was made of leaves there for study and teaching (Rām. VI. 123.51). The Aśrama of Maharşi Agastya was located in "Daṇḍakāraṇya" where education of various disciplines and arts was imparted. The Rāmāyana mentions that the sages, Daityas, Gandharva, Kinnara, and Siddha also used to come there for their education  $^{[10]}$ . There is mention of the  $\bar{A}$ srama of Mārkandeva and Kanva Rsi of the Mahābhārata which were famous for the education of various branches of knowledge. Apart from serving his teachers, students used to collect woods, kuśa grass, flowers, etc. from the forest for their sacrificial work [11].

#### Family life

In the Himalayan forest, the Śabara people knew the routes of the lions from the dissolving of blood due to the melting of snow and seeing the elephant and they knew the routes of those lions from the pearl (muktās) that fell from the holes of their claws. [12] Hunting has been referred to as a profession in ancient times whose lived in the forest. People used to live their lives with this. Aśvaghoṣa mentions in his "Budhhacarita" that no one has approved to kill him for their profit, that's why he has referred to the hunter as a deceiver

[13]. At the same time, people used to hunt animals along with deer for their skin, meat, and ivory.

There is a detailed mention of the village being in the forest mentioned in the author  $B\bar{a}nabhatta$  in his "Harṣacarita" [14]. People depended on their day-to-day life in the forest. They hunted animals for their family life and collected their essential food item from the forest. Such as fuel (woods), honey, fruits [15], etc. and sold in the nearby villages [16].

#### Usefulness of forest in human life

Forests are the basic need for usefulness in human life cycle in ancient times which was mentioned in Sanskrit *Kavya* Literature. Flora derived from the forest has great utility for humans' day-to-day life in ancient times. The essential needs of human beings are fulfilled by flora, such as residence, clothing, and food as well as they are also used in other works such as makeup cosmetics.

#### Nivasa

The ascetics, sages, monks, etc. used to construct habitats with wild vegetation in ancient times. The residences built in this way were called Kuti [17], Parnasala [18] and Utaja [19]. Mainly wild flora was used to built houses or Utaja (utajas) etc. [20] In the  $Meghad\bar{u}tam$ , also mentioned that " $V\bar{a}sayasti$ " is made of soft strings of bamboo. [21] In the Raghuvamśa, also mentions bower (kunjah) which is made of bamboo (13/35, 16/21) and cools the racy air of the rivers. There is a reference to the construction of one type of bamboo, a sort of cane ( $V\bar{a}n\bar{t}ra-grha$ ) [22] on the banks of the rivers by the luxuriant people.

#### Vastra

Flora is also the main factor to fulfill the need for textiles. Although animals skin and "Kauśeyas" (silken cloth) were also good products of textiles, mainly the fibers of the flora fulfilled the need for textiles. The art of covering the body with clothes and becoming beautiful and attractive has been adopted by humans from a distance-time. In Sanskrit Kāvya Literature, from the point of view of beauty, there are mentions of various types of precious fabrics, coloured, painted, and studded with gold gems [23]. Kṣauma (Kumāra. 5/16, 67) and Dukūla (Kumāra. 7/3, 7/7) garment were made floras fibers. There is a statement of tying Mangalsutra made of wool in the hand in the  $P\bar{a}rvat\bar{\iota}$  in the context of her wedding (Kumāra. 7/25). In Sanskrit poetry Valkala (Rvm. 12/8/8, 11/13/66), Silk (Kumāra. 7/3,7 Me. Ut. 7), Cotton (Na.Ca. 20/159, 21/2), Woolen (Kumāra. 7/25), Ksauma, etc. refer to the context of different types of garments. On the way to the forest, Rāma-Laxmana wore the Valkala clothes (Rvm. 12/18). Pārvatī wore Valkala (bark of the tree) clothes, in the same way, Arjuna wore tree bark (Kirāta. 1/35) and Valkala clothes. The Saptarsis wore pearl-made sacred thread and golden Valakala (which is silk fabrics were called "Cīnanśuka" i.e china silk). Damayantī wore silk clothes as depicted in the Na.Ca [24].

## **Food and Drinks**

Food is of the highest importance from the point of view of life in society. Flora completes the diet of man. Sanskrit  $K\bar{a}vya$  Literatures refers to the use of various foods derived from plants such as-  $S\bar{a}li$ , Tandula, Kalam,  $N\bar{v}\bar{u}a$ , and  $S\bar{v}amaka$   $Dh\bar{u}a$ , etc. (Rvm. 5/9, 11/52, 4/20, 17/53). Included flora, the use of flowers, fruits, roots, tubers, leaves, etc. was also used as a food. In the forest, the sages -ascetics used to eat this type of food. For eating fruits included such

as- wild *Gular* (Me. Pū. 44), *Drākṣā* (Na.Ca. 21/152), *Dāḍima* (Na.Ca. 1/82, 83), *Nāriyal* (Rvm. 4/42), *Kharjura* (Rvm. 4/57), *Āmalakī* (Na.Ca. 1/98), *Karkandhu fala* (Na.Ca. 19/51), *Kadali* (Na.Ca. 2/37), *Jāmun* (Na.Ca. 11/85), etc. are mentioned. When Bharata reached the *Āśrama* of *muni* Bhāradvāja, he was given a drink from the trees to welcome him and said that present here, *Bhagavan Soma*, a variety of flowers, honey, etc. which selected from trees and drinks which is made from various types of fruits pulses [25].

#### **Ornaments**

Flora has been used extensively for the cosmetics and decorations made for dressing. Poets who love art and beauty have described it vividly in their *Kāvyas*. "*Kalpavṛkṣa*" of *Alakāpuri* is gifted beautiful clothing, honey, sprout, flower, ornament, and "*lākṣārasa*" (largely used by women to decorate feet and lips) for young women. [26] To pleased Lord Śiva, Mātā Pārvatī used to go ornate with various types of flowers. [27] Devi Saraswati also wears a "*sindhuvāra*" flower with her ear for more attractive also described that the people join the princess "Rājyasrī's" marriage party, adorned their ears with branches of *Śirīṣa* flowers (*śirīṣa kusumastavakakarṇapureiḥ*- Ha.Ca-U-4, p-63).

## **Cosmetics**

Since ancient times, it has been found that herbs are used as cosmetics. Just like in the modern period, the importance of herbal is very high today. The word "Angarāga" (Ha.Ca-U-4, p-69) refers to cosmetics. Writer Bāṇa has mentioned in the Harṣacarita, that queen Rājyaśrī, increased her beauty to used powder of candana and as a perfume in her body used the flowers (kusumāmodanirharinum...nirgatam, Ha.Ca-U-4, p-71). Separate cosmetics were mentioned for various body parts. The forehead, lips, fingernails, and feet are particularly noted in such organs (Śiśu. 8/55, 9/46). Patralekhā (shape of leaves) [28] was painted on the forehead and tilak was made.

#### Forest as shelter provider

Since ancient times, the forest was considered as a place used for the settlement of the sages for years. Forests,  $Udy\bar{a}na$ , and  $Vanik\bar{a}$  were the suitable place for residence. King Yayāti had built a new house in  $A\dot{s}oka\ Vanik\bar{a}$  for Śarmiṣṭhā, who was the daughter of  $Vr\dot{s}aparv\bar{a}$  and her ten thousand female slaves. [29] According to the  $\dot{S}iva\ Pur\bar{a}na$ , in the ancient times in the superior forest called " $D\bar{a}ru$ ", Śiva devotees used to reside in  $Br\bar{a}hmanas$  immediately [30].

#### Forest for austerity

In ancient times, the forest was used as the only place of excellence from performing austerities. This means to say that the penance required peace, which was in the forest itself. In the *Kirātārjunīyam* of *Mahākavi* Bhāravi, Arjuna climbed *Indrakila* mountain for austerity and after polishing it on the top of the tree with the weight of flowers, he got the refined and sacred forestland as if it was like a happy heart [31]. According to the *Śiva Purāṇa*, it is mentioned that the "*Kāmada vana*" is the best place to do penance. Atri and Anusūyā meditated in this forest [32]. Austerity done in the forests is a virtue. This witness shows the importance of asceticism in this verse of the *Matsya Purāṇa* [33].

#### Conclusion

Forests social aspect as depicted in Sanskrit *Kavya* Literature. forest was one of the basic need for human beings. Forests are the basis of humane life, we can understand the importance of

forests by the benefits they provide. Which are called direct and indirect benefits. That is why the people at ancient times used to have a sense of fraternity with the forest and lived their lives solely depending on the forest.

# संधर्व सूची

- ब्राह्मणोऽस्य मुखमासीद्बाहु राजन्य कृत:
   ऊरूतदस्य यद्वैश्य: पद्भ्यां शूद्रोऽजायत् ।। (RV. X. 90. 12)
- ब्राह्मणो मुखत: सृष्टो ब्रह्मणो राजसत्तम् बाहुभ्यां क्षत्रिय: सृष्ट ऊरूभ्यां वैश्य एव च । वर्णानां परिचायार्थं त्रयाणां भरतर्षभ वर्णश्चतुर्थ: संभृत: पद्भ्यां शूद्रो विनिर्मित: ।। (Mbh. ŚP-122. 4-5)
- 3. चातुर्वर्ण्यं मया सृष्ठं गुणकर्मविभागशः तस्य कर्तारमपि मां विध्यकर्तारमव्ययम् ।। (Bh. Gī. 4. 13)
- अध्यापनमध्ययनं यजनं याजनं तथा
   दानं प्रतिग्रहं चैव ब्राह्मणानाम कल्पयत् ।। (Msm. 1.88)
- 5. न संवसेच्च पितनैर्न चाण्डालैर्न पुल्कसै: न मूर्खेर्नावलिप्तैश्च नान्त्यैर्नान्त्यावसायिभि: ।। (Msm. 4. 79)
- शूद्रयोन्यां प्रजातोऽस्मि तप उग्रं समास्थित:
   देवत्वं प्रार्थये राम सशरीरो महायश: ।। (Rām. VII. 76. 2-4)
- 7. वानप्रस्थस्य ब्रह्मचर्य भूमौ शय्या जटाऽभिधारणमग्निहोत्रभिषेकौ देवतापित्रतिथिपूजा वन्यश्चाहार । (Kau.Artha. 1. 2. 1)
- परिब्राजकस्य संयतेन्द्रियत्वमनारम्भो निष्किन्चनत्वं सङ्गत्यागे भैक्षमनेकत्रारण्यवासो बाह्याभ्यन्तरं च शौचम् ।। (Kau. Artha. 1.2. 2)
- 9. शैलराजस्य विविक्ते पावतेतते पराशयो: महातप: वेदानऽध्यापयामास: ।। (Mbh. XII. 327. 31)
- अन्नदेवा सगन्धर्वा सिद्धश्च परमर्षय:
   मगस्त्या नियताहारा: सततं पर्युपासते ।। (Rām. Araṇya Kāṇḍa)
- विप्राश्च गत्वा विहिरधमहेतो: प्राप्ता: सिमतपुष्पपवित्रहस्त:
   तत: प्रधाना: कृतवुद्धयो पितमं द्रष्टुमीयुर्ण मथानभीयु: ।। (Bu. Ca. 7. 4)
- 12. पदं तुषारस्त्रुतिधौतरक्तं यस्मिन्नदृष्ट्वापि हताद्विपानाम् विदन्ति मार्ग नखरन्ध्रमुक्तैर्मुक्ताफलै: केसरिणां किराता ।। (Kumāra. 1.
- व्याधो व्रवीतकामद काममाशादनेन विश्वास्य मृगान निहत्य
   अर्थस्तु शक्रोपम यद्यनेन हन्त प्रतीच्चानय शुक्ल मेतत् ।। (Bu. Ca. 6. 62)
- 14. अथ प्रविशन्दूरादेव ......गृहैरूपेतम् वनग्रामकं ददर्श । (Ha.Ca. U-7, p, 123-124)
- 15. काष्ठसंग्रहार्थमटवीम् प्रविशता ......भारांश्च मधुनो वनफलपुरित । (Ha.Ca. P, 122)
- भाराकान लोकेनादाय वजता......
   विक्रयचिन्ताव्यग्रभिग्रामेयकभिभ्याप्तदिगन्तरम् ।। (Ha.Ca. P, 124)
- आतपात्ययसंक्षिप्तनीवारासु निषादिभिः
   मृगैर्विर्तितरोमन्यमुटजाङ्गनभूमिषु ।। (Rvm. 1. 50)
- पर्णशालामय क्षिप्रं विकृष्टासि: प्रविश्य स:
   वैरूप्यपौनरूकत्येन भीषणां तामयोजयत् ।। (Rvm. 12. 40)
- विशेधिसत्त्वौज्झितनपूर्वमत्सरं द्रुमैरभीष्टप्रवार्चितातिथि
  नवोटजान्यन्तरसैभृतामलं तपोवनं तच्च बभूव पावनम् ।। (Kumāra. 5.
  17)
- 20. तत्र तीर्थसलिलेन दीर्घिकास्तल्पमन्तरितभूमिभि: कुशै: सौधवासमुटजेन विस्मृत: सचिकाय फलिन:स्पृहस्तप: ।। (Rvm. 19. 2)
- 21. तन्मध्ये च स्पटिक फलका कान्चनी वासयष्टि

मूले बद्धा मणिभिरनित प्रौढ़वंश प्रकाशै: । तालै: शिन्जावलयसुभगे नीतित: कान्तया मे यामध्यास्ते दिवसविगमे नीलकण्ठ: सुहृद् ।। (Me. Ut. 19)

- 22. अत्रानुगोदं मृगयानिवृत्तस्तरंगवातेन विनीतखेद: रहस्यदुत्सङ्गनिषण्णमूर्धा स्मरामि वानीरगृहेषुसुप्त: ।। (Rvm. 13. 35)
- 23. दिने दिने शैवलवन्त्यधस्तात्सोपानपर्वाणि विमुन्चदम्भः उद्दण्डपद्मं गृहदीर्घिकाणां नारीनितम्बद्वयसं वभूव ।। (Rvm. 16. 46)
- 24. लीनचीनांशुकं स्वेदिनदरालोक्यं विलोकयन् तिन्तितम्बं स निश्वस्य निनिन्द दिनदीर्घताम् ।। (Na. Ca. 20. 159)
- 25. विचित्राणि च माल्यानि पादपप्रच्युतानि च सुरादीनि च पेयानि मांसानि विविधानि च ।। (Rām. II. 91. 21)
- 26. वासाश्चित्रं मधु नयनयोर्विभ्रमादेशदक्षम् पुष्पोद्धेदं सह किसलयैंभ्षणानां विकल्पान् लाक्षारागं चरणकमलन्यासर्योग्यस्ते यस्या मेक: सूते सकलमवलामण्डन कल्पवृक्ष: ।। (Me. Ut. 13)
- 27. अशोकनिर्भित्सतपद्मरागमाकृष्टहेमद्युतिकर्णिकारम् मुक्ताकलापीकृतसिन्धुवारं वसन्तपुष्पाभरणं बहन्ती ।। (Kumāra. 3. 53)
- 28. वन्यस्तशुक्लागुरू चकुरङ्गं गोरोचनापत्रविभक्तमस्याः सा चक्रवाकाङ्कितसैकतायास्त्रिस्त्रोतसः कान्तिमतीत्य तस्थौ ।। (Kumāra. 7. 15)
- 29. अशोकविनकाभ्याशो गृहं कृत्वान्यवेशयत् । (Mt. Pu. 31. 2)
- दारूनामवनं श्रेष्ठं तत्रासन्नृषिसत्तमाः
   शिवभक्ताः सदा नित्यं शिवध्यानपरायणाः ।। (Śi. Pu. Ko. Sam. 12.
- 31. अधिरुह्म पुष्पभरनम्शिरवै परित परिष्कृत तलातरुभि: मनस प्रसत्तिमिव मूर्ध्निगिरे शुचिमाससाद सवनान्त भवुम् ।। (Kirāta. 6. 17)
- 32. दक्षिणस्यां दिशि महत् कामदं नाम यद्गनम् चित्रकूट समीपेऽस्ति तपसां हतिदं सताम् ।। (Śi. Pu. ko. Sam. 3. 7)
- 33. बाहुद्य च नदीपुण्या तथा सिद्धवनं शुभम् श्राद्धमेतेषु सर्वेषु दत्तं कोटिशतोत्तरम् ।। (Mt. Pu. 22. 55-56)

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