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## India of my dreams [Towards sustainability]

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### Abstract

The present study entitled “India of My Dreams, Towards Sustainability” is based upon a picture of a Vedic sustainable life. My main objective is to take India towards the same Vedic essence where we treated the earth, cow and the ganga as our mother, where AUM is the root cause of all the meditations, where the sustenance is based upon agriculture, where yajna performed to purify the air and where there is no technology but still they were prosperous and happy. Vedic life is full of sustainability, by the praises of the earth, sun, moon, varuna, Indra, vanaspati they are giving the inspiration to worship and protect them-

यथा सूर्यश्च चन्द्रश्च न विभीतो न विभीतो न रिष्यतः  
एवा मे प्राण मा विभे।<sup>1</sup>

That is May we all do our work just like the sun and the moon without any fear. Also we follow the path of welfare similarly as the sun and the moon<sup>2</sup>

For them nature was the only key to success. And this kind of sustainability is India’s biggest need today. If we are trying to reduce the pollution, beat climate change and dealing other environment problems we should keep this in our mind that vedic lifestyle is the only solution. Therefore, we should lead a balanced life with nature and adopt the principles of Vedic ways

**Key words:** Yajna, bovines, sustainability, vedic, urbanizati

### Introduction

इष्ट प्राप्ति अनिष्ट परिहार योः अलौकिकमुपायं यो ग्रन्थो वेदयति स वेदः।<sup>3</sup> Today, India is progressing every day and with this progressive India, the mindset of Indians are also changing. Our youngsters now want to adopt professions like doctor, engineer, lawyer etc. We all are running in the race for urbanization. Nobody wants to opt the occupations like agriculture, handicrafts, cattle breeding etc.

[Movies like –upkar, poorab aur pashchim, mother india changes into kuch kuch hota hai, ishq-vishq, hum dil de chuke sanam]

The problem is this that we are all following the crowd. Can we not live up to our livelihood with vedic way while staying in our villages?

The present need of India is to create the eco village [vedic village] instead of creating smart cities. Urbanization of the villages should be stopped immediately also we should stop the migration, from the ruler areas to the cities and for this first, we need to improve our agriculture. Vedas preached how to be a good farmer-

मुनक्त सीरा वियुगा तनुध्वं कृतेयो नो बयतेह बीजम्।  
गिरा च श्रुष्टिः समरा असन्नो नेदीय इत् सृण्य पक्क मेयात्।<sup>4</sup>

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<sup>1</sup> Atharvaveda 2.15.3

<sup>2</sup> Rigveda 5.51.5

<sup>3</sup> Taitiriya samhita bhashya bhumika

<sup>4</sup> Rigveda 10.101.3

That is plough the field using the pair of ox, sow the seeds very carefully, when the land is prepared, cut the crop when it is ready to consume and then you will get the success.

We need holistic program for natural farming, protecting indigenous varieties of seeds, teaching all the farmers to do natural farming. And when we talk about the natural farming we strongly need our cattle to be strong. Cattles play a very important role in natural farming. Ploughing with bullocks instead of using tractors, various devices can be use for lifting water using animal power like Rahat, Mhot, Pikota, Bullock Dozer, Tropiculators, Sugercane crusher, Fodder cutter are also operated using bullock power. Kanpur gaushala society developed a bullock driven generator cum battery charger so that it can solve the problem of electricity, They have also developed a bullock driven power device that can do many other works. So therefore, there is no need of paying a heavy amount to buy a tractor when we have a ecofriendly tractor, also it can reduce the increasing dependency on petroleum products. Animal husbandry played an important role in Indian economy. The foundation of natural farming is the cow and her progeny. All we need is to create awareness towards increasing utilization of animal energy.

## माता रुद्राणां दुहिता वसुनां<sup>5</sup>

Cow is the mother of Rudra and Vasu. The demigods of the Vedas.

Cow dung is also very useful in many fields for example producing organic manure that enriches soil for restoring the nutrients, for using as a fuel, for making different medicines. Now a days people are doing many innovations using cow dung like making wall clock, mirror, papers, wedding cards, deities, logs for cremation etc. The recent research by some Acharyas says that cow dung has the power to absorb the radiations also.

**Education System-** “Being Human” is the main education of the Vedas.

## मनुर्भव जनया दैव्यं जनम् ।<sup>6</sup>

There should be an equal education system for every citizen of India but we need to understand the meaning of education first. Education doesn't mean for acquiring luxury items in your life, it does not mean to harm the environment, but it means to behave accordant to the environment, family and society and so on. We promote this kind of education to our children. That is why we need to follow the education system described in the Vedas. The Guru-Shishya Relation is mandatory. Children must understand that the tree has his own life, it is not only made for learning that this is a living thing, but it should be adopt as it is. It can be possible when the shishya will sit under the tree, not by cutting down the trees and making chairs to sit. Our nation needs a good sense of understanding of shastras.

Set Your Own Eco-Friendly Startups

1. Natural farming, Open your own nursery and plant trees like Shami, Deodar, Sandalwood, Coconut, Neem, Mango, Chinar, Banyan, Agar, Ashoka etc.
2. Make Cow dung logs for cremation.

3. Own desi vegetarian bhojnalaya by distributing the food waste to the gaushalas or orphanage homes. Also one can start a zero waste restaurant by composting food waste.
4. Eco- friendly real estate business by building eco-friendly structures.
5. Start making your own natural makeup products without harming any animal.
6. Start your own cold processed Ata chakki [hand chakki], cold processed edible oil mills.
7. Create products using solid wood that has been collected from fallen trees.
8. Open an ayurvedic clinic, start panchgavya chikitsa, get rid of allopathy which is dangerous to mankind.
9. Create new innovation by replacing plastic bags for packaging different materials.
10. Start an eco-friendly vehicle business.
11. In India where celebrations have become major occasions for waste generation therefore, start a zero waste concept using reusable and recyclable materials like cloth and flowers garlands etc for decorations.

## Cruelty free nation- अजैषभाघासनाम चाभूमा नागसो वयम्<sup>7</sup>

May we win, may we help others, may we live blissfull life without any sin.

In the sixth global environment outlook Niklas Hagelberg, climate change specialist said –“We need a global food transformation in the next 12 years in which food waste is halved and diets and health are improved through decreased animal protein intake. We also need to incentivise climate-smart and sustainable agriculture and end the current unjust food situation in which over 820 million people are undernourished”<sup>8</sup>

Here, we have to understand that Vedas are saying that human body is not made for only sense gratification. The term sense gratification is increasing day by day. Modern man is following Charvak darshan now- days and developed Aasuri mindset.

## न स्वर्गो नापपवर्गो वा, नैवात्मा पारलौकिकः । नैव वर्णाश्रमादीनां, क्रियाश्च फलदायिकाः ।।

That is neither heaven nor Moksha, nor Atma that travel to another world. The actions and rites associated with Varna [caste] and Ashrama [one of the four stages of life] do not give any results.

Man is crushing all the social values and is in support of homosexuality, slaughtering of innocent animals, contraception, abortion, divorce etc. The doctrine of materialism is good because our Vedas always talks about dharma, arth, kaam, and moksha but by paying the cost of humanity it is very dangerous. Therefore, Ahimsa [non violence], Manavta [humanity], Daya [sympathy] all has to be adopted.

## Conclusion

Seeing all the aspects of we found that Vedic way is the only way to make India sustainable. The hymns are showing the light on the sustainability as well as the development of the country. We have to understand this fact that the indian culture, science, and the true art of living is based on the Vedas.

<sup>5</sup> Rigveda 8.110.15

<sup>6</sup> Rigveda 10.53.6

<sup>7</sup> Rigveda 8.47.8

<sup>8</sup> Times of India report

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